

COMMENCING WITH SPRING PARKS PRIMARY TERM 4, 2014!

SERVICE AVAILABLE ON FRIDAYS

ORDER ONLINE UP UNTIL 8.30AM ON THE DAY THE LUNCH IS REQUIRED!



- SAMPLE MENU -

LUNCH ITEM ONE

Greek Style Salad with Feta and Olives (GF)
Brown Rice & Mixed Bean Salad (GF)
Sushi - Teriyaki Chicken Handroll (2)
Sushi - Tuna Handroll (2)
Sushi - Avocado Handroll (2)
Sushi - Vegetarian Handroll (2)
Cheese and Bacon Roll
Cheese and Vegemite Scroll
Topped with Only Cheese Roll
Margherita PITA Pizza
Ham and Pineapple PITA Pizza
Vegemite Sandwich
Wholegrain Cheese and Tomato Sandwich
Ham, Cheese and Tomato Sandwich
Turkey, Cranberry, Lettuce and Cheese Sandwich
Ham and Cheese Roll
Gluten Free Ham & Cheese Sandwich
Simple Salad Roll
Tomato & Avocado Roll
Mild Salami and Salad Roll
Beetroot and Salad Roll
Roast Beef, Fruit Chutney, Cheese and Lettuce Roll
Cheese and Salad Roll
Rice Paper Rolls - Vegetarian (2)
Rice Paper Rolls - Teriyaki Chicken (2)
Rice Paper Rolls – Beef Teriyaki ((2)
Rice Paper Rolls – Bean Curd (2)

LUNCH ITEM TWO

Fresh Fruit Combo
Freshly chopped Watermelon Pieces
Freshly chopped Strawberries & Apple Pieces
Apple with Lemon Juice, Brown Sugar & Cinnamon
Chopped Carrot, Cucumber, Red & Yellow Capsicum
Lightly Steamed Corn Wheels & Broccoli pieces
Cherry Tomatoes with Tasty Cheese & Rice Crackers
The Gluten Free Bar with Cranberries
Choc Chip Cookie
Cup Cake
Iced Chocolate Cake
Hedgehog Slice
White Choc & Sultana Cookie
Blueberry Muffin
Apple & Cinnamon Cake
Freshly Baked Finger Bun
Evia Yoghurt with Raspberry Coulis
Evia Yoghurt with Blueberry Coulis
Evia Yoghurt with Mango Coulis
Tzatziki dip with Rice Crackers
Avocado dip with Rice Crackers
Spring Onion dip with Rice Crackers
Gluten Free – Munchy Apple & Cinnamon Clusters
Extra Juicy Apple Juice
Extra Juicy Orange Juice
Cobs Popcorn, Lightly Salted
Cobs Popcorn Slightly Sweet, Lightly Salted

LUNCH ITEM THREE/ SNACK

Extra Juicy Apple Juice
Extra Juicy Orange Juice
Cobs Popcorn, Lightly Salted
Cobs Popcorn, Slightly Sweet, Lightly Salted
Fresh Fruit Combo
Freshly Chopped Orange Segments
Freshly chopped Strawberries & Apple Pieces
Apple with Lemon Juice, Brown Sugar & Cinnamon
Chopped Carrot, Cucumber, Red & Yellow Capsicum
Lightly Steamed Corn Wheels & Broccoli pieces
Cherry Tomatoes with Tasty Cheese & Rice Crackers
The Gluten Free Bar with Cranberries
Apple & Cinnamon Cake
Choc Chip Cookie
Cup Cake
Iced Chocolate Cake
Hedgehog Slice
White Choc & Sultana Cookie
Freshly Baked Finger Bun
Evia Yoghurt with Raspberry Coulis
Evia Yoghurt with Strawberry Coulis
Evia Yoghurt with Mango Coulis
Evia Yoghurt with NO Coulis
Tzatziki dip with Rice Crackers
Avocado dip with Rice Crackers
Spring Onion dip with Rice Crackers
Gluten Free – Apple & Cinnamon Clusters

For more information check out our website - www.classroomcuisine.com.au